

# GIRLS CRITICAL IN ALLEGED ECSTASY CASE, PG3

Entertainment

The world's largest global newspaper

Celebrity Buzz

Reese gets a chance to be a superhero

pg 13



# metro



EDMONTON • TUESDAY, MARCH 24, 2009

metrone



Simpson's dad not a fan of Romo

pg 14

## Oil merger may spur a response

**DEAL** Suncor Energy's deal to buy rival Petro-Canada for shares worth \$18.4 billion will create a dominant player in the oil sands and may spur a consolidation wave as rivals try to match the cost savings Suncor hopes for.

In the largest-ever Canadian energy takeover deal, Suncor will become the No. 1 oil company in Canada if shareholders and regulators approve the transaction, announced yesterday.

REUTERS

MORE COVERAGE, PG 6

## Riding the Recession

Through the end of March, Metro will share advice on how to cut down on expenses and navigate your way through the recession.

• Canada

The recession isn't doom and gloom for everyone: Part 2 of our series on businesses successfully coping with the downturn, pg 4

## Earth Hour

Earth Hour is Saturday, March 28, at 8:30 p.m. Do your part to fight global warming by switching off your lights for an hour. Pick up Metro every day for environmentally friendly coverage all week.

• Health & Beauty  
**Certified organic: How to be sure a beauty product is living up to its claims, pg 12**  
• Tomorrow Canada has a significant role in developing electric cars.



## Emergency Blaze engulfs downtown business



Firefighters worked to contain a two-alarm blaze yesterday afternoon at 10730 - 101 St. No one was injured but businesses were damaged in the downtown fire. Story, pg 3.

# Complaint system flawed: Police union

JEFF CUMMINGS  
jeff.cummings@metronews.ca

**Alberta's current system for how it handles complaints against alleged police misconduct is flawed, especially within Edmonton's police service, according to a union that represents all of the city's cops.**

The president of the Edmonton Police Association says the service doesn't have the manpower to police themselves and it usually takes five to 10 years before a case has been closed.

"There needs to be a revamped system from top to bottom," said union head Sgt. Tony Simioni, who

**"We want to be accountable for what we do. We just want it to be done with less bias towards us so we're the first to say we need help from the outside."**

Const. Rick Abbott

urged the province to create a civilian oversight body to handle all of the cases because the service has "nothing to hide."

Simioni says police in Edmonton have to live under the most scrutiny than any other Canadian city after a number of highly publicized cases in recent years, including an alleged attempt to target a local newspaper journalist with a drunk driving charge.

The scrutiny has caused a

public relations nightmare for the police service, said Simioni — a reason why the city has recorded 21 disciplinary hearings in 2008 compared to Calgary, which has only had one.

It was a number that followed after police Chief Mike Boyd took over the service three years ago, said Simioni.

"The plan of the police chief was to clean up the police service, and we've been paying the price for it

ever since," said Simioni.

Const. Rick Abbott, a tactical officer who spent six years defending himself over a complaint, said the system needs major tweaking.

"We want to be accountable for what we do," said Abbott. "We just want it to be done with less bias towards us so we're the first to say we need help from the outside."

Alberta solicitor general Fred Lindsay says the current system in place works and the provincial government has no reason to change it.

ShareYourViews  
edmontonletters@metronews.ca

## Club cuts comic who mocked military

JEFF CUMMINGS  
jeff.cummings@metronews.ca

**FOX NEWS** An American comic who mocked Canada and its role in Afghanistan on Fox News was given the hook by an Edmonton comedy club, even though he never actually appeared on stage.

Doug Benson was slated to appear at the Comic Strip in West Edmonton Mall April 2 to 5, according to his MySpace page.

"For the safety and security of the Comic Strip's patrons and staff, Doug Benson's shows have subsequently been cancelled," read a release from the Comic Strip.

During the Red Eye broadcast aired early Friday morning, Benson and other guests took shots at Canada's military over suggestions it should take a one-year break after leaving Afghanistan.

"I didn't even know they (Canada) were in the war, I thought that's where you go if you don't want to fight," said Benson, on the same day that four Canadian soldiers were killed by a roadside bomb in Afghanistan.

The host of the show, Greg Gutfeld, later apologized after a request from Ottawa.

"This is a lame attempt at satirical humour — these are people who are ignorant," said Edmonton MP Laurie Hawa.

**TAX TIP #53**

## You might be eligible for a tax credit for your transit pass

You may be eligible to claim a special tax credit for transit passes purchased in 2008.

This tax tip brought to you by Alberta's Chartered Accountants. To see all 56 useful tax tips please visit:

[www.albertaCAs.ca](http://www.albertaCAs.ca)



CA Chartered Accountants of Alberta

The Institute of Chartered Accountants of Alberta provides tax tips on an annual basis as a public service. The tips are intended to be used as general guidance. For specific advice about filing your 2008 tax return, please consult with the Canada Revenue Agency or your personal tax professional.

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## Reflecting on Zionism

Join Jewish community leaders for reflections on Zionism and Palestine at Zionism Exposed, the last event in three-day discussions, hosted by the International Palestine Awareness Committee. Talks will begin at 6:30 p.m. at the Canadian Islamic Centre, located at 13070 - 113 St. METRO EDMONTON

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## Local



## Can you handle the Dragon's Den?

Got a business idea that just can't miss? Tomorrow, producers from the hit CBC show Dragon's Den will be holding auditions for the next season. Indie business up-and-comers are invited to head to the CBC's studio in City Centre Mall from 11 a.m. to 7 p.m.

METRO EDMONTON

## Girls cling to life after alleged drug mishap

VICTORIA HANDSIDES  
victoria.handsides@metronews.ca

**Watching his niece and granddaughter hooked to life-saving equipment yesterday strengthened Dennis Bird's resolve to tackle the drug problem in their small aboriginal community.**

"I've always been a community-minded person, but this will make my voice stronger," the Paul

Band First Nation councillor said.

Roughly a dozen panic-stricken relatives waited anxiously at the Stollery Children's Hospital yesterday while Trinity Bird, 15, and Leah Bird, 14, lay in critical condition, suffering from edema, a condition causing their brains to swell in their skulls.

"When your family is clinging to life, you have to remain hopeful they'll survive," Dennis Bird said.

**"When your family is clinging to life, you have to remain hopeful they'll survive."**

Dennis Bird

Officials from the Stollery wouldn't comment on the girls' condition.

The girls are two of nine that allegedly took tainted ecstasy before a round dance Saturday night.

Of the four rushed to hospital, one was released

Sunday and another is in stable condition.

Mounties can confirm that MDMA, the drug found in ecstasy, was present in the girls, but that no poison was detected in testing.

A criminal investigation has been launched, Cpl.

Wayne Oakes said yesterday. Officers are seeking anyone who may have had contact with the teens before they fell ill.

Though he thinks the girls were just experimenting with the drug, Dennis-Bird knows the community, 60 kilometres west of Edmonton, isn't immune to dope pushers.

"Every kid likes to experiment," he said. "It's pretty hard to control."

"These drug dealers are

like Macs or 7-11 stores; they're everywhere."

Students at a number of Parkland District schools were debriefed by counselors yesterday.

Plans to intensify existing substance-abuse programs are being drafted, Dennis Bird said.

"We're trying to remove the human market and wean people off their drug habits," he said. "We know damn well it's a poison, so we have to do something."

## Downtown blaze hits local businesses

**FIREFIGHTERS** No one was hurt, but several businesses were affected during a two-alarm blaze downtown.

The blaze at 10730 101 St. was called in at 4:48 p.m., and firefighters arrived soon thereafter. Three people were inside when the fire broke out but were able to make it to safety.

Bridal International, National Cabinet Ltd. and Rosie's Gift Shop are the three businesses that were significantly impacted by the fire.

Initial estimates by the Edmonton Fire Services pegged the damage at \$1.4 million.

Investigators are still trying to determine the cause of the blaze as of press time.

JEFF CUMMINGS/  
METRO EDMONTON

## Special kids getting sensory stimulation

JEFF CUMMINGS  
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**EDUCATION** Teachers at an Edmonton Catholic elementary school are giving students with special needs a room devoted to playtime in order to engage their senses, which will help with their learning.

The room at St. Gabriel Elementary School has hundreds of lights, a spinning disco ball, toys that stimulate a student's sense of touch and mattresses to help make the students feel more relaxed.

"We want children to be able to explore and direct their learning through sensory," said former assistant school principal Joanne Friedt, who brought the idea to the school last year.

"These are kids that have sensory integration difficulties, and this is a time for them to interact with



St. Gabriel Elementary Grade 1 student Erika Teveniuk shows city Ward 6 Coun. Amarjeet Sohi a few of the features in the new Sensory Lab and Learning Room at the school yesterday morning. The room is designed to provide space and opportunity to engage all of the senses and can either increase or decrease alertness.

lights and sounds to build on their sensory."

Friedt said the concept of the sensory room came from the Netherlands, and all students at the school

have taken advantage of it since it improves their alertness level.

And if a student is having behavioural problems, the sensory room is used

as a tool to calm the student down, said the school's current assistant principal, Jackie Flynn.

"This room is in high demand," said Flynn.

## News in brief

**AVALANCHE** A Sherwood Park man is the latest to die in a B.C. avalanche, raising the death toll in Western Canada to 20 this season. Mounties have not yet released the identity of the 51-year-old man, who was caught in the deadly snowslide on the side of a mountain near Blue River on Saturday afternoon. METRO EDMONTON

metronews.ca

What's online today.

**Video** The Suncor-Petro-Canada merger creates a new global energy giant at metronews.ca/canada

**Video** Canadians react to Fox News host Greg Gutfeld's mocking remarks about Canada's military at metronews.ca/canada



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The Hometown Heroes Award Program, organized by Earth Day Canada, recognizes people across Canada who achieve significant environmental achievements in their communities. Visit the website at [earthday.ca/hometown](http://earthday.ca/hometown). METRO NEWS SERVICES

# Canada/World

## Find niche, experts say

### Riding the Recession

**The recession hit just as 51-year-old Calgarian Dale McKenzie retired from a 30-year career in policing.**

He didn't panic about his investments — he has niche skills that are helping him survive during the recession. He works as a clown named Bumper and he is starting an investigative business that delves mostly into mortgage fraud.

"There's no lack for that kind of stuff," he said. "As long as there is mistrust and as long as there are law-breakers, there will be room for private investigation."

McKenzie has also been a clown for eight years, and while he said business isn't booming, it isn't failing either. He thinks there will always be a demand for people who can put a smile on your face.

Karen Fraser, of Angus One Professional Recruitment in Vancouver, said it's crucial for people to have a specialized skill set or can

break into a niche market like McKenzie.

"Across the board, there's still a wide range of companies hiring," she said. "People are hiring in online marketing and Internet shopping, which has seen growth ... Specialized positions are still consistent."

The Alberta government's predictions fall in line with Fraser's experiences in B.C. — projections for the next decade say there will be more than enough jobs for architects, dietitians, nutritionists, physical therapists, archivists and school counsellors.

But even if you don't have a specialized set of skills, Canadian staffing companies are hopeful summer seasonal work will counter the jobs lost to the economic downturn.

"From what we see, landscaping work and construction should be picking up here shortly," said Clint Belcourt with Tips Staffing in Calgary. "Seasonal employment will kick off, which will help some people out and stimulate a little excitement."

JENNIFER HILLIKER  
/FOR METRO CANADA

## Soldiers' bodies come home

**CEREMONY** Mourners at an Ontario military base bowed their heads and wiped away tears yesterday during a moving repatriation ceremony for four Canadian soldiers killed in Afghanistan last week, CBC News Online reports.

The huge C-17 Globemaster military plane carrying the remains touched down around 2:30 p.m. EDT at Canadian Forces Base Trenton, east of Toronto.

Master Cpl. Scott Vernelli, Cpl. Tyler Crooks, Trooper Jack Bouthillier and Trooper Corey Joseph Hayes, who were all based at CFB Petawawa in Ontario, were killed in two separate incidents Friday in southern Afghanistan.

Dozens of family members, clutching flowers and each other, took turns placing roses on the coffins covered in Canadian flags.

METRO NEWS SERVICES

### News in brief

**RELEASED** A local driver from Niger who was kidnapped along with two Canadian officials in the West African state in December has been released in Mali, UN officials said yesterday.

**INQUIRY** The Mountie in charge when a Polish immigrant died after being Tasered at the Vancouver

airport told an inquiry yesterday, "This should never have happened." The comment came during a day of inconsistent testimony from Cpl. Benjamin Robinson, who said he ordered another RCMP officer to use the Taser on Robert Dziekanski two or three times; he couldn't remember the exact figure. METRO NEWS SERVICES

## Israel Dispersing protest



Israeli border police officers detain a Palestinian woman in east Jerusalem yesterday during an event marking Jerusalem's tenure as the Arab League's "capital of Arab culture" for 2009. According to an Israeli police spokesperson, several activists were detained as the police dispersed an illegal gathering.

## Montana flight too crowded?

**The plane that crashed in Montana and killed all seven children and seven adults aboard had more passengers than seats, an official said yesterday.**

National Transportation Safety Board acting chair Mark Rosenker said his team is investigating whether the 10-seat plane was carrying too much weight and why it nose-dived short of the runway in Butte, Mont. The single-engine plane had no black-box data recorder and the investigation could take months.

All the children were under 10 years of age. Only one, a one-year-old, by regulation could have been seated

on an adult's lap. That left 13 people and 10 seats.

Rosenker stopped short of saying the plane was overcrowded. Officials changed the number of passengers and seats aboard the plane as the investigation progressed.

Rosenker said three families were in the Pilatus PC-12 turboprop plane heading from California to a ski vacation near Bozeman, Mont.

The pilot, a 65-year-old with years of flying experience, requested twice to divert to Butte from Bozeman without giving a reason, and both times the flight controller approved the change.

REUTERS

## Accused Mumbai shooter begins trial in Indian court

**TRIAL** The man accused of being the lone surviving gunman in last year's Mumbai attacks told an Indian court yesterday that he was from Pakistan and wanted legal assistance.

The trial of Mohammed Ajmal Kasab began yesterday via a video link with his prison in Mumbai.

Gunmen killed 166 people

in a three-day rampage in the city last November. Police say Kasab was one of 10 gunmen who arrived in Mumbai by sea.

He has since been held in jail, with Indian lawyers refusing to defend him. The trial was moved to March 30 to allow more time to assign a Pakistani lawyer to his case. REUTERS

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# Comment & Views

## Comment

# So much for freedom of speech

## NationalReport



metronews.ca/nationalreport

W hew! Let's breathe a sigh of relief now that British MP George Galloway has been barred from entering our country. Our children are safe. No telling what dam-

age could have been rendered by this heinous threat to our national security.

If reports are correct, Canada is the only country in the world that bars the sitting MP, who has been elected five times to the British parliament and has no criminal record. The Americans let him in. Even Israel, despite his pro-Hamas views, let him in.

So what is the Harper government trying to do here? Ramp up its right-wing credentials to the point where Canada is seen as a denier of freedom of speech?

Some of Galloway's views are wacko. We can disagree readily with his take on Israel, with his support for Hamas, but does that mean you gag him? Others, Canadians and Americans, have supplied aid to Hamas and controlled Gaza. Will that get them the same kind of treatment? As someone said of Galloway, the best way to expose the folly of his arguments is to allow him to come here and spout them.

The Galloway ban follows one taken against an American citizen. William Ayers, the old friend of Barack

Obama who was a figure of controversy in the U.S. presidential election, was an advocate of radical violence four decades ago. He has since become a distinguished professor of education, who serves on dissertation committees at the University of Ottawa and Toronto. He has been allowed into Canada many times. He arrived to give a speech at the U of T in January, only to be told by immigration officials that he had a 40-year-old felony conviction, which he denies. When Ayers asked them if they really thought

he was a security threat, he said they laughed, before saying it wasn't their decision.

The bans are in keeping with other hardline measures by the Harperites recently. The government, which takes a leisurely attitude toward Guantanamo, is going ahead with the deportation of conscientious objectors to the war in Iraq — even though the prime minister disavowed his support for that war in last fall's election campaign.

The government last week announced it was not

renewing \$2.5 million in contracts for the Canadian Arab Federation to teach English to new immigrants.

On Iran, it has escalated the rhetoric against the government there — this while Obama moves to moral high ground with a diplomatic overture to Tehran to narrow the differences.

All quite strange. Rather than calm tensions, Ottawa's intent seems to be to inflame them.

Lawrence Martin is a Globe and Mail correspondent and author who writes about national affairs from Ottawa.

## The happy Muslims who confuse you



Mona Eltahawy  
Global View

There's something wrong with the pictures coming out of Pakistan these days.

Ever since Pakistani President Asif Ali Zardari reinstated the country's chief justice, I've been trying to figure out what it was.

And then it hit me. Happiness. Joy. Celebration.

How often do we see pictures of happy Muslim men? I've developed a theory about the Muslims we see in the media, who are usually from Pakistan.

Angry Bearded Muslim Man is the favourite. Whenever the Muslim world is

supposed to be upset or offended, invariably that story is illustrated by images of Angry Bearded Muslim Man: Marching (usually in Pakistan), shouting (fists raised in righteous anger), and burning something (an American flag, an Israeli flag, preferably both!)

His female counterpart is Covered In Black Muslim Woman. She's seen, never heard. Visible only in her invisibility under that black chador, burqa, face veil, etc.

In those images you have conveyed all you want to say about Muslims: The men are angry and dangerous; the women are covered in black.

While there are some Muslims who fit both de-

scriptions they are not the majority, and they are utterly insufficient in describing the diversity of views, appearances and attitudes among Muslims. And they are my biggest competitors and nemesis' when I give lectures or appear on television.

My first U.S. TV appearance was on Fox News' The O'Reilly Factor. After the usual back-and-forth yelling, some viewers sent me emails, asking, "Are you sure you're a Muslim? Where's the headgear?"

Others wanted to know why I spoke English so well. Clearly, I did not deliver on the Covered In Black Muslim Woman that central casting usually offers to viewers. I was confusing

them.

Which brings me back to the happy Pakistanis in our newspapers these days.

While I'm the last person to deny the danger of radicals in the Muslim world, I also enthusiastically wave the flag for those of us who call ourselves liberal, secular Muslims.

In other words, I live to confuse you by subverting the stereotype of Muslims that you always see and hear from. Go on — take a look at my picture.

Here's to more pictures of Happy Muslim Men and Women Who Confuse You.

Mona Eltahawy is an award-winning Egyptian-born commentator and public speaker on Arab and Muslim issues. She reported on the Middle East for 10 years before moving to the U.S.



It's your turn to tell others what you think. Email your thoughts and opinions to: [edmontonletters@metronews.ca](mailto:edmontonletters@metronews.ca)

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Bonus regulation law in store for France  
France will introduce a law to limit executive bonuses in the form of stock options or shares because businesses have failed to accept a voluntary accord, a government spokesman said, adding that bosses should not be able to raise their bonuses unless employees also received increases. **REUTERS**

# Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

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## Business in brief

**MARKETS** Bank shares including Citigroup Inc., Bank of

America Corp. and JPMorgan Chase & Co. soared on hope a

U.S. government plan to rid lenders of up to \$1 trillion US

of troubled assets will resuscitate lending, earnings and the

sputtering American economy. **REUTERS**

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## Suncor buys Petro-Can for \$18.4B

**Suncor Energy Inc. said yesterday it will buy rival Petro-Canada to create Canada's biggest oil company, dominant in the Alberta oil sands and able to slash costs as it looks to weather a period of low oil prices.**

Suncor is offering \$18.43 billion for Petro-Canada in an all-share deal. That makes it the largest Canadian oil and gas takeover yet, and the biggest takeover of a Canadian company since Rio Tinto bought Alcan in 2007 for \$43 billion US.

The deal targets \$1.3 billion in annual savings for the combined company as oil prices plummet, which have made it hard to turn a profit from oil sands operations in Alberta.

The merger of the two will create a company with 100 years worth of reserves, four refineries in Canada and the United States, a chain of retail gas stations, and more than 680,000 barrels per day of oil and gas production.

**REUTERS**

## Confidence ticks higher in March

**ECONOMY** Consumer confidence picked up in March to 71.5 points, up 2.7 points from February, as more Canadians said now was a good time to make a major purchase, while the majority saw their financial situations unchanging over the coming six months, the Conference Board of Canada said yesterday.

**REUTERS**

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## Smart Cookies



metronews.ca/smartcookies

once had a server who didn't actually serve me much of anything. I ended up getting my own syrup for my cold pancakes and a glass of juice from the bar. I still left him 15-per-cent gratuity.

It's the former service worker in me that feels like I have to do this to supplement his income. But tipping should be more about the service and in some cases, the relationship you have with the person providing it. Yet there is always confusion. Who, when and how much are all questions that elicit different answers.

Take your barista, for example: Does she automatically get your spare change in her cup? What about the guy who hands you your bag of take-out? Etiquette experts say it's not necessary but recommend that if it is someone you see often, it's a good idea to show appreciation. If, like most people, you have trouble quickly calculating the appropriate amount to tip, visit [smartcookies.com](http://smartcookies.com) for a quick and easy guide.

The norm for restaurant service is 15-20 per cent. If you're in a large group, be sure to check if gratuity is already included, as it often is for large parties. And even if you used a gift card or a two-for-one coupon, you should still tip on the amount you would have paid without the voucher.

For most other restaurant staff, such as a bar server or checkroom, \$1 to \$2 is an acceptable tip.

## Getting a grip on how to tip



If you're in a large group, be sure to check if gratuity is already included as it often is for big parties.

If there are services you are unsure about how much to tip, call ahead and ask what the norm is. In situations where there can be multiple people looking after you, such as a beauty salon or spa, the easiest thing to do is tip about 15-20 per cent on the entire bill and ask that the tip be split between those who attended to you.

When travelling, it's best to keep a bunch of small bills on hand, so that you're prepared and don't feel awkward asking for change or giving more than you wanted to. Be sure to check into the cultural norms wherever you are visiting. As a point of interest, tip-

ping is considered rude and is rarely done in Japan, except in certain cases.

If you happen to be unhappy with the service, never leave zero for a tip without speaking to a manager about the situation. Sometimes it may not have been the person's fault. Not leaving anything just makes you look cheap and won't solve the problem. You may also receive some kind of compensation for letting them know about the problem so they can fix it.

Email questions to [smartcookies@metronews.ca](mailto:smartcookies@metronews.ca)

Tune in Monday nights at 10:30 p.m. EST/PST on the W Network and be sure to visit [smartcookies.com](http://smartcookies.com) for more tips.

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## On the web

## Money Matters:

Columnist Henry Choo Chong advises a condo owner on what to consider if choosing to rent it out. Visit [metronews.ca/money-matters](http://metronews.ca/money-matters)

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# Continuing Education



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SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

## Employees turning to education

Onus now on individual to build job skills: Experts

RAFAEL BRUSILOV  
for Metro Canada



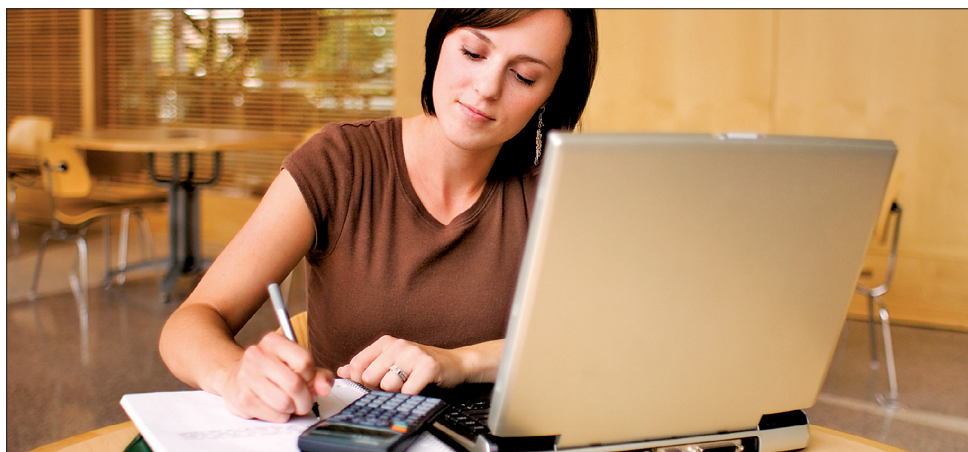
**In uncertain economic times, continuing education programs can be a pillar of career-building strength, but only if people take the initiative themselves, experts say.**

Andrew Cochrane, president of the Canadian Association for University Continuing Education (CAUCE) and dean of the College of Continuing Education at Dalhousie University, says as employers tighten their belts, they are less likely to front money for employees

to get training. The onus gets placed on individuals to search out continuing education programs that enhance their skills and fund that training on their own.

"The employer is not paying as much now for training employees as the individual is," Cochrane said.

Marilynn Booth, director of the School of Continuing Studies at the University of Toronto and former president of CAUCE, says that as a result of less corporate-funded education, schools need to work harder than ever to offer meaningful, effective programs to attract enterprising students.



Continuing education programs can be offered in-class or online, through distance learning.

"The need for continuing education increases as people feel more threatened in their work lives. The onus is on continuing education providers to be on the leading edge and build programs that serve the needs of the future," Booth said.

Cochrane says enrolments in continuing education programs are up across Canada. That's because learning institutions of all types generally do well in

weakened economies as people try to retrain into new careers.

What is worrying, he says, is that many of the people being laid off in the economic downturn are those who had just started their careers and were expected to succeed aging Baby Boomers as they retired, leaving an impending leadership void once those Boomers retire.

Cochrane says many com-

panies are just not training enough young leaders to take over the roost.

"We were in bad shape before with succession planning and we're going to be worse off in the future," Cochrane said.

While the Internet has had a profound impact on how education takes place, Cochrane says it hasn't replaced in-class learning — rather, it has strengthened it. He sees a trend in older

students taking continuing education courses online as well as fewer recreational students doing it just for fun.

"When distance education came about, there were people saying, 'That's the end of the face-to-face classes.' Well that's clearly not the case. Online learning facilitates flexibility but the composition of who's online is changing as well," Cochrane said.

## Couples-only classes range from dancing to cooking

HEATHER ANDREWS MILLER  
for Metro Edmonton



In the busy little industrial northern city of Fort McMurray, few residents work nine-to-five, Monday-to-Friday jobs. Being able to commit to attending a class once a week for several weeks is difficult. Keyano College has ingeniously addressed that problem by establishing several continuing education dancing and cooking courses that take

place on a single Saturday.

Sarah Imran is co-ordinator for the general interest programs in the community and says the students are usually dating or newly married couples who want to spend some quality time together learning a new dance step or how to make a meal together.

"They simply want to try something different," she says. "Even though it's often the ladies who drag their husbands or boyfriends to the three-hour introductory

course, the men get enthusiastic very quickly."

It's not unusual for couples to complete the crash course and try immediately to find ways to attend a longer course by switching shifts with a co-worker or taking vacation days. The more extensive courses include salsa, meringue, cumbia and bachata, as well as various forms of Latin dancing at beginner and intermediate levels.

Another popular course offering is the Iron Chef,

which is a healthy competition in the kitchen.

"When the couples arrive they are all given the same recipe, and given a certain period of time to prepare it," she says. "When time is up, a chef, who has been observing, looks at the finished product and picks a winner."

Some of the desired attributes include showing the best team work or being the most creative. Helpful suggestions are given to make the couple's next for-

ay into culinary bliss even more successful. The participants all sit down together to enjoy the tasty dishes, thereby establishing friendships and enjoying a social occasion as well.

The next scheduled learning opportunity is May 9, when students will assemble for Iron Chef at 10 a.m. After lunch, they then experience a Latin Dance Crash Course until 4 p.m. "They can take full advantage of their day off by participating in two fun activities,"



Keyano College offers dance lessons for couples.

says Imran. "They are trying something new while spending some time together and our students love it."

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## Continuing Education

is a special feature that focuses on personal and professional development.

# For the love of fine art

CANDICE WARD  
for Metro Edmonton



**Michelangelo, Picasso and Monet were not born with brushes in their hands — they had to get their start somewhere, like every other aspiring artist.**

The University of Alberta's Painting I course offers budding Van Goghs the opportunity to harness some of their creativity, turning students from a blank canvas into stunning works of art.

"This is a brand new adventure for me," says

Trudy Linke, a part-time bookkeeper and former student of the Painting I class.

Linke completed the Painting I course a number of years ago and has since been using her talents to break into the art scene.

Structured to meet the needs of the student, instructors teach how to build on drawing skills by working with different painting mediums.

"It was about building a skill set that enabled me to make it my own," says Linke.

Finding inspiration in

her every day life, Linke describes her style as representational with a bit of abstract.

"I start out representation and then I mess with it," says Linke.

Brush usage, the use of colour and discovering how the paint and the canvas work together are some of the basics taught in this course.

The course is offered in two different streams, part of a certificate program or simply as a continuing education class.

Students are required to have completed Drawing I and Design I, or an equivalent, to participate in the class.

"This is something that goes beyond regular painting courses," says Izabella Orzelski-Konikowski, a fine arts instructor at the U of A.

Orzelski-Konikowski has received her Bachelor of Fine Arts from the U of A, and went on to get her Masters at the New York Academy of Art, bringing her expertise back to Edmonton.

"They not only learn the good principle, but how to create," says Orzelski-Konikowski.

If students choose to go the certificate program route, graduates are granted a solo-exhibition of their work.

This exhibition is unique to the program and gives the students a chance to mingle with some of the industry elite.

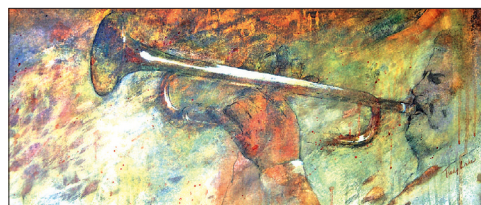
"It means a lot to the student — they really become an artist," says Orzelski-Konikowski.

Drawing inspiration from artists such as Velazquez and Modigliani, Orzelski-Konikowski has been instructing courses,

such as Painting I at the U of A for more than 10 years.

Orzelski-Konikowski also uses her classes as a palette of inspiration for her own work.

"We become like a family, a group of artists who inspire each other," says Orzelski-Konikowski.



Farewell Song, watercolour, gouache and charcoal on canvas, by Trudy Linke. It is currently in a private collection.

Registration is still open for the April 15 evening start.

"Go for it and don't be afraid of what the results will be," says Linke.



Interlude, watercolour on canvas, by Trudy Linke.



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**10** continuing education**Bootcamp for blacksmiths**

HEATHER ANDREWS MILLER  
for Metro Edmonton

**It's an exciting time for anyone whose passion is blacksmithing.**

Long thought of as a pioneer necessity for shoeing horses and repairing farm equipment, the art has been transformed into the creation of gracious iron railings and fences, grills, furniture, gates, cooking utensils, and religious items, to name just a few.

Shawn Cunningham is owner/operator of Front Step Forge and runs a weekend Blacksmithing Bootcamp class for the Northern Alberta Institute of Technology. "It's a common belief that it's a dying art. But in truth, there are more blacksmiths making a living as artists, doing one-on-one craft blacksmithing, than ever in the past," he says.

"It's not shoeing horses anymore but it exists pretty inconspicuously in everyday life all around us."

A famous example is the gates around 10 Downing St., which were hand-crafted specifically to surround



The blacksmithing course at NAIT is all hands-on.

and protect the residence of England's prime minister.

Students taking Cunningham's course typically want to make knives, swords and armour, while others want to translate their ideas into three-dimensional images.

"You could compare it to moulding clay, taking a raw substance and transforming it into a meaningful and attractive item," he adds. He is pleased that he can make a living as an independent artist, while teaching others to enjoy the craft.

The course is all hands-on, he says.

"Most students have tried smithing and have come for more instruc-

tion," he says. "While some are total newcomers, the others are frustrated beginners who will get a lot out of it."

The NAIT course starts with students making the tools needed to work with as a blacksmith, but they'll also complete sculptural items as well as practise the elements of wrought iron, both antique and modern.

"It's an exciting and creative occupation and I urge everyone to give it a try through one of our classes," he says.

More information about Blacksmithing Bootcamp and related courses can be found at [frontstepforge.com](http://frontstepforge.com) or by calling NAIT at 780-471-6248.



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**Schilling retires via blog**

Curt Schilling officially retired from baseball yesterday, announcing on his blog that he's leaving the game after 23 years with "zero regrets." Schilling missed all of last season with a shoulder injury. The gritty pitcher retires with 3,116 strikeouts and three World Series titles with the Diamondbacks and Red Sox. **METRO NEWS SERVICES**

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# Sports

EDITOR: JOHN.CHICK@METRONWS.CA



## Armstrong breaks collarbone

Lance Armstrong said he will have surgery after breaking his collarbone yesterday during a race in Spain, leaving in question his participation in the Tour de France in July. "I'm alive!" the seven-time Tour de France champ wrote on his Twitter feed. "Broken clavicle (right). Hurts like hell for now."

METRO NEWS SERVICES

## Could Lumsden be an Olympian?

**OLYMPICS** TSN reported yesterday that Esks running back Jesse Lumsden has a realistic shot as any at making the 2010 Canadian Olympic bobsleigh team after winning the two-man event Saturday with sleigh veteran Pierre Lueders. Lumsden insists for the time being his goal is merely to train for the upcoming CFL season. The World Cup circuit begins in November, when Lumsden and the Esks will still be playing. **METRO NEWS SERVICES**

### Sports in brief

**CFL** The Edmonton Eskimos signed import wide receiver Eric Ware yesterday. The Central Arkansas product finished his senior year with 50 catches for 758 yards and five touchdowns.

**NHL** The Oilers signed first-round pick Jordan Eberle to a three-year NHL entry level contract yesterday.

METRO NEWS SERVICES

## Level the playing field

Last December I read a newspaper article that took a shot at good-looking women in sports broadcasting. It maintained physical appearance took precedence over talent.

How depressing! I'd been an athlete all through school, ran track, figure skated, and even spent time in the penalty box after trading punches with a fellow hockey player. I'd covered sports for my university's TV, radio, and print media outlets, but darn, I was a woman — and blond at that. There went my credibility as a sports broadcaster. Talk about an unlevel playing field.

Take 60 Minutes commentator **Andy Rooney**, who last October, made this unsportsmanlike comment: "What really bugs me about television's coverage is those damn



**Julie Stewart-Binks**  
Guest columnist

women they have down on the sidelines who don't know what they hell they're talking about."

Many sportscasters hold the same belief. The overly sexualized and hyper-masculine hotbed of sports culture has enforced the idea women don't understand sports.

Speaking of the field, are there any women on it? To watch television, listen to radio broadcasts or read the sports pages, you'd never know thousands of little girls in this country play hockey, soccer and baseball, and that adult females are involved in pro sports.

But scantily clad tennis, figure skating and volleyball athletes get the cover-

age. When I tell men my age my career goals they say I'll never fully understand sports because I'll never have the chance to play in the NHL or the NFL. They say men don't want to hear a woman talk about a sport she can't play.

So how did **Rod Black** cover figure skating all those years?

What female sportscasters and female athletes have in common is that, to steal a line from **Rodney Dangerfield** — we get no respect.

I want sports networks to start showing women respect in the hockey arenas, football fields and baseball diamonds, cover our games and tournaments and to hire more women to cover sports.

It's time to level the playing field, boys.

Julie Stewart-Binks is currently a student at Queen's University with hopes of pursuing a career in sports broadcasting.

## WBC Japan, South Korea for title



Hiroyuki Nakajima of Japan lays down a bunt in the finals of the 2009 World Baseball Classic against Korea last night. For a complete recap, visit [metronews.ca/sports](http://metronews.ca/sports).

## Canadiens on the block?

**NHL** Citing economic pressures, the Montreal Canadiens' American owner, George Gillett, has taken the first steps needed to sell the team.

The Gillett family has retained the services of BMO Capital Markets to "assess various strategic alternatives to optimize the value of its corporate assets," team president Pierre Boivin said in a statement yesterday. Research in Motion owner Jim Balsillie, who has long coveted a hockey team and was quoted last fall as saying the Canadiens were for sale, a remark hotly denied by Gillett. **TORSTAR NEWS SERVICE**

SCOREBOARD	
<b>NHL</b>	Los Angeles at St. Louis Detroit at <b>EDMONTON</b>
<b>YESTERDAY'S RESULTS</b>	
Calgary 3 Detroit 3 Carolina 3 Florida 2 (OT) Philadelphia 4 New Jersey 2	
<b>TONIGHT'S GAMES</b>	
Washington at Toronto Minnesota at N.Y. Rangers Atlanta at Montreal Columbus at Tampa Bay Anaheim at Nashville	
<b>WHL</b>	Calgary 4 Edmonton 1 Calgary leads 3-0
<b>CONFERENCE QUARTER FINAL</b>	
<b>YESTERDAY'S RESULT</b>	
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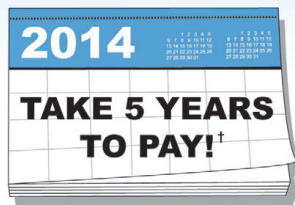
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# Health & Beauty

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

## Certified organic?

How to be assured a beauty product is living up to its claims

DIANE PETERS  
for Metro Canada



When you buy makeup, lotion or shampoo labelled "organic," how do you know that it's guaran-

teed not to contain synthetic chemicals and that its plant-based ingredients were grown without fertilizers or pesticides?

Check to see that it has a certification logo on the la-

### EarthHour

bel. On a few Canadian products, you'll see the Ecocert or Certech stamps — two private labels from for-profit companies. On imported goods you might see Ecocert, or a stamp from the United States Department of Agriculture (USDA) or the U.K.'s Soil Association. A "BDIH" seal shows that the cosmetic was certified natural by the Association of German Industries and Trading Firms.

Under federal government Organic Products Regulations (slated to go into ef-

fect this June), agricultural products with "organic" claims must be certified, and certification will be standardized. But cosmetics certification will remain voluntary and in private hands. Cosmetics could be included sometime in the future, but not any time soon, according to the Canadian Cosmetic, Toiletry and Fragrance Association.

**ECOCERT** Since 2002, Ecocert Canada, a division of France-based Ecocert, has certified three Canadian companies: Cargo Cosmetics, Cosmacetical Research Lab and Druide. Any approved products must contain 95 per cent plant-based organic ingredients and the remaining five per cent must be from Ecocert's list of acceptable substances. Ecocert also recognizes natural products. For these, 50 per cent of the plant-based ingredients must be organic and five per cent of the overall product must be organic. "We verify the ingredients and what's written on the label, and we do at least one inspection a year,"



To ensure cosmetic products are organic, check for a certification logo on the label.

says France Gravel, director of Ecocert Canada, which charges \$5,000 and up to assess a product line.

**CERTECH** Over a year ago, Certech Registration, a Canadian company, created a standard for cosmetics that requires 95 per cent organic ingredients and excellent quality management systems at a company's factories.

"We look at the entire process," says Brian Lane, president of Certech.

Thus far, Certech has approved d'Avicenna, the only Canadian cosmetics compa-

ny to go through its certification process.

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### On the web

#### Columnist:

• The J Spot columnist Josey Vogels discusses Barbie as a role model. Visit [metronews.ca/thejspot](http://metronews.ca/thejspot).

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**Moore joins Special Relationship**

Julianne Moore has been cast as Hillary Clinton in *Special Relationship*. She will star opposite Dennis Quaid — who will play ex-U.S. President Bill Clinton — in the movie which will show how his "relationship" with Monica Lewinsky nearly ended his time in power. [FEMALEFIRST.CO.UK](http://FEMALEFIRST.CO.UK)

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# Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

## New romance

Katy Perry and Josh Groban are dating. Perry has been on a series of intimate dates with the U.S. singer-songwriter, but the pair are keen to keep their fledgling romance out of the spotlight. [FEMALEFIRST.CO.UK](http://FEMALEFIRST.CO.UK)



# Actress reborn as superhero

Reese Witherspoon finds new voice in animated action film *Monsters vs. Aliens*

NED EHRBAR  
Metro World News

**Reese Witherspoon faced a new challenge in portraying Susan, her character in *Monsters vs. Aliens* who transforms from a regular-size bride-to-be into a five-story-tall superhero. Talking like a convincing action hero.**

"That's not a voice I have in my repertoire," she admits. "So they kept trying to coach me to be more like Arnold Schwarzenegger or Sylvester Stallone. That took me a long time."

After years of comedies and dramas, *Monsters vs. Aliens* — opening Friday — is Witherspoon's first real action movie. Luckily, it's

animated, so the most physical exertion the Oscar-winning actress had to endure was recording "effort noises," the grunting, wincing and panting that accompany the film's dizzying action sequences, like when a massive alien robot chases Susan through a crumbling San Francisco.

Witherspoon was particularly drawn to this project because of its strong female lead. "I've been offered a lot of animated films before," she explains. "Sometimes they were playing a girlfriend, and sometimes they were playing a girl who got rescued by a guy. This was the first opportunity where the woman was at the centre of the movie."

And the journey Susan

**"It's got an incredible message about finding yourself and your identity."**

Reese Witherspoon

takes in the film — after being wallowed by a radioactive meteor on her wedding day — spoke to Witherspoon on a deeper level. "It's got an incredible message about finding yourself and your identity," she says. "Are you a person who struggles in the shadow of another person just so you don't have to be alone or afraid or find your own strengths? Or are you someone who's willing to take a chance and accomplish

great things?"

But beyond playing a strong female protagonist, Witherspoon loved creating a female superhero, something she feels are in short supply. She remembers asking her children, Ava, 9, and Deacon, 5, to name their favourite caped crusaders. While her son could rattle off a host of names including Batman, Spider-Man and Superman, her daughter was at a loss. "She was like,

"I don't know. The girl in the Justice League with wings? I can't remember her name."

As for Witherspoon, her favourite superhero was always Wonder Woman.

"I watched Linda Carter over and over and over again," she says. "I had my

golden lasso and my whole costume that I wore for seven Halloweens in a row."

But that doesn't necessarily mean Witherspoon is up for portraying the famous character on the big screen.

For now, she's happy to keep her action movie roles in the animated realm. "If I never had to see the inside of a gym, I'd be a very happy person."

Reese Witherspoon portrays a superhero in *Monsters vs. Aliens*.



## Fox wants more of Gordon Ramsay

**TV** Fox has ordered another season of Gordon Ramsay's *Kitchen Nightmares* in which the internationally known chef gives tough-love makeovers to restaurants. The Brit remake wrapped its second season in January. The network also is expected to announce shortly that Ramsay's other series, *Hell's Kitchen*, will return for a new season this summer.

## In brief

**FILM** Gran Torino and incumbent champ Marley & Me shared top honours at the foreign box office during the weekend, with each grossing a relatively modest \$8.8 million US from 38 markets, the lowest haul for a No. 1 film this year.

REUTERS

## Kenya's Style

## Kenya Hunt

Read the blog at [metronews.ca/kenyasstyle](http://metronews.ca/kenyasstyle)

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3/24/09	2	CFRN	239 318	etalk	Hollywood	Law & Order: SVU		American Idol				News (N)
	3	KBX	- 370	News (N)	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune	News (N)	NBC News	The Biggest Loser (N)		
	4	CBXT	- 307	Coronation St.	Jeopardy! (N)	Rick Mercer	22 Minutes	Wild Roses (N) (DVS)		CBC News: The National		The Hour
	6	KREM	- 372	News (N)	Hollywood	The Doctors		To Be Announced		The Mentalist (HDTV) (N)		Without Trace
	7	CKEM	241 347	Law & Order: SVU		Primetime: What Would		According-Jim	According-Jim			Your City
	8	CITV	240 339	ET Canada	Entertainment	90210 (HDTV)		NCIS		Project Runway Canada		News Hour
	11	OMNI	-	Two/Half Men	The Simpsons	News		News		The Simpsons	King	Metropia
	12	CBXT	119 705	Virginie (SC)	La Factice	Beautés désespérées (SC)		René - Le Destin d'un chef (N)		Le Téléjournal et Les Nou		TJ Alberta
	13	KXLY	- 371	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	According-Jim	According-Jim	Dancing With the Stars		PrimeTime: You
	16	KAYU	- 373	The Simpsons	Raymond	Two/Half Men	Two/Half Men	To Be Announced		House "The Itch" (HDTV)		News (N)
	19	CHTV	-	The Insider (N)	El News	Dr. 90210 New arrivals		The Biggest Loser (N)				News (N)
	22	KSPS	- 374	NewsHour With Jim Lehrer		Nova		Wild! (DVS)		Frontline (N) (DVS)		Independent
	24	WTVS	- 364	Betty Ford: The Real Deal (N)		Independent Lens (N)		My Hero	Summer Wine	Tavis Smiley	Charlie Rose (N)	
	15	CBCN	502	CBC News: The National		Playing the Machines (N)		CBC News: The National		CBC News: The National		Machines
	21	TWN	505 398	(5) EarthWatch One		EarthWatch One		EarthWatch Two				
	27	CNN	500 500	Larry King Live (N)		Anderson Cooper 360 (HDTV)				Larry King Live		Cooper 360
	54	CTVN	501 391	CTV Newsnet		News	CTV Newsnet	News	CTV Newsnet	News		News
	70	BNN	504 508	Squeeze Play		Market Call		Headline	Market Call	Commodities	Business News	Squeeze Play
	20	TSN	400 400	NHL Hockey	NHL Hockey	Detroit Red Wings at Edmonton Oilers. (HDTV) (Live)		Flames Week		SportsCentre	Motoring 2009	Poker
	23	net	408 418	MLB Preseason Baseball		Sportsnet Connected		Flames Week		Sportsnet Connected		Prime Time
	47	SPEED	417 406	Super Bikes!	Super Bikes!	Hot Import	Hot Import	Pimp My Ride	Pass Time	Low Life	Low Life	Super Bikes!
	94	SCORE	410 403	(5:30) Court Surfing		Score Tonight		Hardcore Hockey Talk		Poker 888.com UK Open		Final Score
	9	EDACC	267 351	Alberta Primetime (Live)		Without a Trace (N)		Reaper "The Favorite"		Dancing With the Stars		Primetime
	14	YTV	552 543	Drake & Josh	iCarly	Adrenaline Proj	Prank Patrol	Malcolm-Mid.	Futurama	Family Biz	Prank Patrol	Falcon Beach
	17	TREE	553 546	Little Bear	Maggie-Beast	Big Comfy	Zigby	Max & Ruby	Babar	Backyardigans	Dora-Explorer	Go, Diego, Go!
	42	TOON	555 545	Ben 10	Johnny Test	Totally Spies	Total Drama	6TEEN	"2-4-1"	Futurama	American Dad	Toddler-Chicken
	45	FAM	557 541	Zoe 101	Life Derek	Wizards-Place	Han, Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School
	-	TVA	121 714	TVA 18 heures	Le Cercle (SC)	Les Gags (SC)	Star Académie:	La Fièvre de la danse (SC)		La Promesse (HDTV) (N) (SC)		TVA 22 heures
	18	CMT	575 583	Reba		Hope & Faith	Hope & Faith	CMT Star	CMT Star	Home Improve.	Home Improve.	Reba
	25	A&E	615 520	The First 48 (HDTV)		The First 48 (HDTV)		Manhunters	Manhunters	The First 48 (HDTV)		The First 48
	26	MMIM	571 581	Gene Simmons	Gene Simmons	Gene Simmons	Gene Simmons	Listed		Party of Five		Gene Simmons
	29	FOOD	603 561	The F Word (N)		Good Eats	Good Eats	Iron Chef America		Challenge		The F Word
	31	SHOW	617 522	Wife Swap		The Outer Limits		Mutant X		Testees	Trailer Park	Saving Grace
	32	DISC	520 505	Destroyed	Time Warp (N)	Combat School (N)		Daily Planet		Destroyed	Time Warp	Combat School
	33	SLICE	601 562	Rich Bride, Poor Bride		Rich Bride, Poor Bride		ET Canada	Til Debt-Part	Real Housewives OC		Trading Sp
	34	W	602 567	Style by Jury	Style by Jury	Will & Grace	Friends	How to Look Good Naked		Style by Jury	Style by Jury	Good Naked
	35	TLN	521 527	Living the Life	Look-A-Like	Toddler & Tiaras (N)		17 Kids-Count	17 Kids-Count	17 Kids-Count		Toddler-Tiaras
	36	BRAVO	520 523	Freddie Mercury		Bravo! Salutes the Junos		Law & Order "Smoke"		Without a Trace		Bravo-Junos
	38	SPIKE	628 584	Ultimate Knockouts 6		DEA (HDTV) (N)		Real Vice	Real Vice	CSI: NY (HDTV)		Disorderly
	40	HIST	522 506	Crime Stories		NCIS "Terminal Leave"		Sea Hunters		Cities of the Underworld		Sandhogs
	41	COM	626 547	Laughs	Comedy Now	Air Force	Just for Laughs		Corner Gas	The Simpsons	South Park	Lewis Black
	43	SPACE	627 528	Torchwood		(8:05) Destination Truth (N)		Stargate SG-1 "Exodus"		Star Trek: Next Gener.		Trek: Voyager
	44	WPCH	294 650	(6) Underworld ** (2003, Horror)		Seinfeld		Family Guy	Family Guy	Underworld ** (2003, Horror)		Bounty Hunter
	46	OLN	411 457	Mantracker		Bounty Hunter	Bounty Hunter	Survivorman		Mantracker		Family Guy
	48	TROP	619 525	What Happen?	What Happen?	Vanity Insanity	Tube Tales	Tube Tales	Seinfeld	Seinfeld	Raymond	Ellen Show
	50	STAR	621 527	Living the Life	Look-A-Like	The Tonight Show-Jay Leno		TMZ	etalk	The View (HDTV)		Pure Design
	52	HGTV	600 564	Sarah's House	Design Inc.	Colin & Justin's Home Heist		Holmes on Homes		Sarah's House	Design Inc.	David Rocco
	65	TLN	700 800	Nati Ieri		Raymond	Raymond	George Lopez	George Lopez	Caution: Nuts	Rabbit Fall	Moccasin Flats
	93	ASPN	269 350	Wings-Canada	Storytellers	Wapos Bay	Cashing In (N)	Fish Out	Mixed Blessing	The Sopranos (SS)		
	99	VISION	261 394	Quantum Leap		1 Prophecy	Supernatural	Poltergeist: The Legacy		The Muppets Take Manhattan (1984)		
	100	MTV	581 566	From G's to Gents		From G's to Gents		MTV Live	After	Taking the Stage		G's to Gents
	101	MM	570 580	Paris Hilton's British Friend		Degrassi: TNG	Instant Star	The Shift		Redemption	Redemption	Technical Diff.
	102	CPAC	512 596	(6:30) Primetime Politics		Revue		Question Period		Prime-Politics	Primetime Politics	
	103	VIVA	526 567	Missing "One Night Stand"		Encounters	In Dreams	Psychic Inv.	Encounters	Judging Amy		Missing
	106	RDI	126 730	Le Téléjournal (SC)		RDI en direct	Le National	Le Téléjournal (SC)		Le Journal RDI	Le National	Le Téléjournal

## critics'corner

**Without a Trace**  
Malone (Anthony LaPaglia) and the team search for a missing psychologist whose brother was imprisoned for serial rape, which leads the investigators to wonder whether the brother may have been involved with the disappearance. Martin's (Eric Close) relationship with Kim (Vanessa Marcil, reprising her guest role) heats up. Adam Kaufman, Kristoffer Polaha and Vincent Ventresca star in the new episode "Daylight." 8 PM on EDACCESS, 11:01 PM on KREM



**Saving Grace**  
New episodes of this excellent drama series starring Holly Hunter as troubled cop Grace Hanadarko are here, and the first of the bunch is a doozy. When a string of mutilation murders points to a possible serial killer, Grace gets a new partner, Abby Charles (Christina Ricci), while Ham and Butch (Kennedy Johnson, Bailey Chase) team up. Leon Rippy also stars in "The Heart of a Cop." 11 PM on SHOW

Lauren Conrad has opted to take her clothing line off the racks. Her rep says the Hills star is cancelling her spring/summer 2009 line and halting production because of the current economic crisis. **METRO WORLD NEWS**

## Celebrity Buzz

### Don't undergo look-alike surgery, Demi urges fan

**PEOPLE** Demi Moore has urged a terminally ill fan not to have plastic surgery to look like her, femalefirst.co.uk reports.

The actress doesn't want 29-year-old Lisa Connell to go under the knife, saying on Twitter: "Wish I could contact this woman Lisa Connell who wants to have surgery to look like me and en-

courage her to not to! She is a beautiful girl!"



METRO NEWS SERVICES

### Jessica's dad turns on Tony

**PEOPLE** Jessica Simpson's father is jealous of her boyfriend Tony Romo, femalefirst.co.uk reports.

The singer-and-actress — who has been dating the football quarterback since last year — is reportedly being encouraged to separate from her boyfriend by her dad and manager Joe, because he believes she is losing focus on her career.

A source said: "Joe now feels that Tony has become too much of a distraction for Jessica. Any free time she has, Jess wants to

spend with Tony. But rather than blaming his daughter's work ethic, Joe points the finger at Tony."

But Simpson is still very much in love with the athlete and is desperate to take their relationship to the next level. The source revealed: "If she had her wish, she'd be married and pregnant."

A source added: "Jessica was really hoping she was going to get an en-

agement ring. She wanted one for Christmas, then she thought maybe New Year's Eve. Her last hope was that Tony would propose on Valentine's Day — but he didn't."



METRO NEWS SERVICES

### Celebrity child power play date

**PEOPLE** Usmagazine.com is calling it a power play date. Katie Holmes took daughter Suri, 2, to The Children's Arts Studio in Santa Monica, Calif., on Sunday. Joining them: Victoria and David Beckham's

youngest two boys, Cruz, 4, and Romeo, 6.



METRO NEWS SERVICES

### Madonna and Jesus adopt?

**KIDS** Madonna's relationship with Jesus Luz seems to be moving fast. After just three months together, the Brazilian model is ready to adopt a child with the singer, his ex-girlfriend, Catharina Franca, tells Britain's the Mirror.

"He adores kids but he accepts

they could not have children of their own, and is talking about the possibility of adopting with Madonna," Franca tells the newspaper. "He's not with Madonna for her money or fame. He's with her because he loves her."



METRO WORLD NEWS

### Agency has eye on Lindsay

**CAREER** Lindsay Lohan is to be offered a modeling contract, femalefirst.co.uk reports.

The star — whose film career has stalled in recent years — has caught the eye of Ivan Bart of IMG Models.

Upon hearing the 22-year-old actress was consid-

ering a career change, Bart said: "She's a beautiful girl and obviously knows a lot about fashion. Providing that she was contractually free, we would take a meeting."

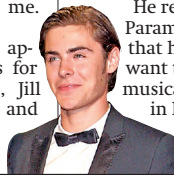
Lohan revealed she was considering a ca-

reer change: "I love doing photo shoots. I mean, if I could just sign with IMG and do ad campaigns and model more, I'd do that because that's fun for me. That's not work."

Lohan has already appeared in campaigns for Dooney and Bourke, Jill Stuart, Miu Miu and Fornarina.



METRO NEWS SERVICES



METRO WORLD NEWS

### Zac ditches his dancing shoes

**CAREER** Apparently afraid of being typecast as a song-and-dance man, Zac Efron has pulled out of a planned remake of Footloose, which was set to start shooting this spring and be released next year.

He reportedly told Paramount Pictures that he did not want to do another musical at this point in his career.

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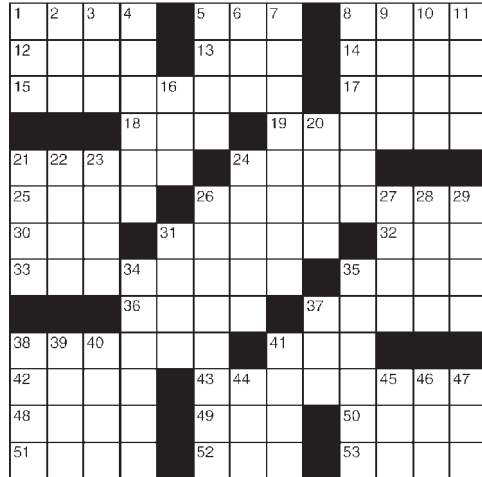
Steve Shrout, Publisher  
[steve.shrout@metronews.ca](mailto:steve.shrout@metronews.ca)  
 Subject: Sales Rep at METRO





**Michele McDougall, Weather Specialist & Host - Breakfast Television**

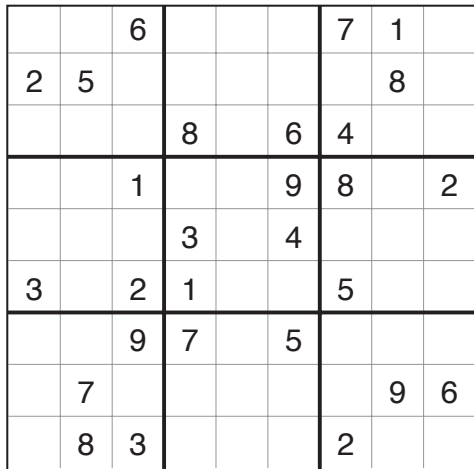
"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes!" **WEEKDAYS AT 6 A.M.**



## Sudoku

For more/less challenging Sudoku puzzles, visit [metronews.ca](http://metronews.ca)

**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone - one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



## Crossword across

- |                         |                          |
|-------------------------|--------------------------|
| 1 VHS contemporary      | 32 Fish eggs             |
| 5 "El —"                | 33 Dilettante's interest |
| 8 TV's Dr. McGraw       | 35 Ready for anything    |
| 12 Mosque VIP           | 36 Trenches              |
| 13 Privy                | 37 Walking sticks        |
| 14 Carnival attraction  | 38 Senescence            |
| 15 Effervescent         | 41 "— Town"              |
| 17 Lecherous look       | 42 Rowboat needs         |
| 18 Pitcher part         | 43 Chewing in small bits |
| 19 "Caddyshack" critter | 48 Menageries            |
| 21 Passé                | 49 Prior to              |
| 24 Harp's ancestor      | 50 Concept               |
| 25 Cupid's alias        | 51 Catch sight of        |
| 26 Unsteady             | 52 Shaft of light        |
| 30 Intention            | 53 Hen pen               |
| 31 Actor LaBeouf et al  |                          |

## Crossword down

- |                      |                          |
|----------------------|--------------------------|
| 1 Clothing protector | "girded"                 |
| 2 Ostrich's cousin   | 26 Bleach                |
| 3 Bill               | 27 Persia, now           |
| 4 Strolls            | 28 Idditarot terminus    |
| 5 Paper holder       | 29 The Bee —             |
| 6 Charged bit        | 31 Punch hard            |
| 7 Leftovers carrier  | 34 Obstreperous          |
| 8 Drive on           | 35 Vampire repellent     |
| 9 Lofty              | 37 Newsroom newbie       |
| 10 Not working       | 38 Leak slowly           |
| 11 See 17-Across     | 39 Vientiane's land      |
| 16 Cover             | 40 Let fall              |
| 20 Spheres           | 41 Do what I say         |
| 21 Conked out        | 44 Savings plan acronym  |
| 22 Met melody        | 45 "— not choose to run" |
| 23 Grant's is famous | 46 Ultramodernist        |
| 24 Body parts often  | 47 Space                 |

## PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



2	6	8	4	7	3	5	9	1
3	7	5	1	2	9	6	8	4
9	1	4	6	8	5	2	3	7
6	4	9	7	5	1	8	2	3
7	8	2	3	9	6	1	4	5
5	3	1	8	4	2	7	6	9
1	9	3	2	6	7	4	5	8
4	2	7	5	3	8	9	1	6
8	5	6	9	1	4	3	7	2

Find today's answers + play more games at [metronews.ca](http://metronews.ca)

## SUDOKU SOLVE TIME:

- |                         |                             |
|-------------------------|-----------------------------|
| Under 13 min.....Genius | 17-21 min.....Smart         |
| 13-17 min.....Scholar   | 21-25 min.....Not bad       |
|                         | 25+ min.....Keep practising |

## Metro Recipe of the Day



## Lamb Curry

### INGREDIENTS:

- 1 tsp (5 ml) olive oil
- 12 oz (375 g) well-trimmed boneless lamb loin, cut in to 3/4-in. (2-cm) chunks
- 1 medium onion, finely chopped
- 4 cloves garlic, minced
- 1 tbsp (15 ml) grated fresh ginger
- 1 tbsp (15 ml) curry powder
- 4 cups (1 l) cauliflower florets
- 1 cup (250 ml) canned crushed tomatoes
- salt to taste
- 1/2 cup (125 ml) water
- 1 1/2 cups (375 ml) frozen peas
- 1/3 cup (75 ml) chopped cilantro
- 1/2 cup (125 ml) plain yogurt
- 2 tbsp (25 ml) flour

### METHOD:

- Heat oil in Dutch oven over medium heat. Add lamb and cook until browned, about 5 minutes. Transfer lamb to plate with slotted spoon.

- Add onion, garlic and ginger to pot and cook, stirring frequently, until onion is tender, about 5 minutes. Add curry powder and cauliflower and stir.
- Add tomatoes, salt and water to pot and boil. Return lamb to pot and reduce to simmer. Cover and cook until lamb and cauliflower are tender, about 40 minutes.
- In small bowl, mix yogurt and flour, then stir into pot and cook over low heat, stirring, until slightly thickened, about 2 minutes.

**SERVES 4**

**rd.ca**

For nutritional information on this and other great recipes, go to [rd.ca](http://rd.ca) or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



## Horoscopes

### ARIES

**MARCH 21-APRIL 20**

A mild flirtation will amuse you. Somebody's profound thoughts will disturb you. No problem is too difficult to be forgotten.

### LIBRA

**SEPT 23-OCT 23**

An unnecessary agreement comes to an end. Someone's bad temper can be tamed. Rise above pettiness about mysteries and secrets.

### TAURUS

**APRIL 21-MAY 21**

A long-standing burden is lifted. An opinionated reply leads to an unfortunate situation. You must make a huge leap of faith.

### SCORPIO

**OCT 24-NOV 22**

Stop pushing too hard and take a break. A troublesome buddy's support is appreciated. A situation is better than it looks at first.

### GEMINI

**MAY 22-JUNE 21**

Don't take anyone's promises too lightly. Don't gamble with a friend who enjoys flippancy. A wacky encounter affects those who wait.

### SAGITTARIUS

**NOV 23-DEC 21**

An awkward enemy makes slow progress. Persevere and succeed by trial and error. A cynical guy comes out of his shell.

### CANCER

**JUNE 22-JULY 22**

A confidential meeting with a bureaucrat is concealed. Face the music when someone is accosted. Benefits come through rational discussions.

### CAPRICORN

**DEC 22-JAN 20**

Be careful around electrical objects. A perilous situation will develop when you speak your mind. Arrogance retards progress.

### LEO

**JULY 23-AUG 23**

A phone call lightens your mood. Confusion begins to dissipate. A controversy will develop if you're full of mischief.

### AQUARIUS

**JAN 21-FEB 18**

Your job prospects improve when friends get involved. Remain hopeful about your future. Your forcefulness will shock people.

### VIRGO

**AUG 24-SEPT 22**

Don't be a noisy neighbour. Someone is caught in a naughty act. Eliminate stuff that is no longer useful.

### PISCES

**FEB 19-MARCH 20**

Don't wait for anyone to ease your burdens. Disgraceful things are fun tonight. It's not compulsory to repeat any mistakes.

## WORDY GURDY®

- BY TRICKY RICKY TANE
- Every answer is a rhyming pair of words (like FAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.
- Beantown cagers' waist circle (1)
  - Highly uncommon long look (1)
  - Actress Barrymore's stage prompts (1)
  - May brawl (1)
  - Nursing kids' perhaps-es (2)
  - Brand of potato chips camping bags (2)
  - Edible flatfish flattener by hammering (2)
- ANSWERS: 1. BEANS BELTS 2. BATTLE BUREAU 3. BUBBLES 4. NIGHT RIGHT 5. BABIES MAYBES 6. HUPPERS HUPPERS 7. FLATFISH FLATTENERS

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